

Sylvanus Restaurant

Meeting Day Sample Menu

(VE) Vegan | (V) Vegetarian | (GF) Gluten Free | (GFO) Gluten Free Option | (DFO) Dairy Free Option

Arrival Refreshments

Lemongrass & Kale Shots
Tomato Gazpacho
Fresh Berries Smoothie
Banana Smoothie

AM Refreshments

Selection of Mini Danish & Pastries
Selection of Cookies
Granola Bar
Mixed Berry Chia Pudding

Lunch Salads

Waldorf salad
Superfood Salad
Cous Cous Salad
Danish Potato Salad
Heirloom Tomato Salad
Five Beans Salad

Lunch Menu A

Chicken Satay & Satay Sauce
Grilled Tuna & Tomato Salsa
Four cheese Tortellini & Tomato Sauce
Seasonal Vegetables
Garlic & Thyme Roasted Baby Potatoes

Lunch Menu B

Lamb Tagine
Baked Teriyaki Salmon
Penne Arrabbiata Sauce
Warm Moroccan Couscous
Seasonal Vegetable

Lunch Menu C

Cauliflower Chickpea Curry
Coriander Rice
Seasonal Vegetables
Baked Cod Fillet with Sauce Vierge
Sri Lankan Chicken Curry

Desserts

Chocolate Brownie (VE)
Greek Yogurt Panna cotta
Peanut Butter Cream Brûlée
Mixed Berry Tart
Candied Orange Peel Flourless
Saffron Poached Pears
Chocolate Fudge Cake (VE)

PM Refreshments

Baked Falafel
Croque Monsieur
Porcini Mushroom Arancini
Hummus & Green Pinwheel Sandwiches
Seasonal Fruit Skewers
Profiterole



THE
ELVETHAM